## Video-on-Demand Library

Date	Video	Target Audience
	1 - 75-7-7	Birth-6, Elementary,
October 21,	Wellness Wednesday: Support Part I (59	Middle School, High
2020	mins)	School
	,	Birth-6, Elementary,
October 14,	Wellness Wednesday: Knowledge Part II (1	Middle School, High
2020	hr.)	School
	,	Birth-6, Elementary,
	Wellness Wednesday: Knowledge Part I (1	Middle School, High
October 7, 2020	hr.1 mins)	School
		Birth-6, Elementary,
September 30,		Middle School, High
2020	Wellness Wednesday: Relationship II (1 hr.)	School
		Birth-6, Elementary,
September 23,	Wellness Wednesday: Relationship Part I (1	Middle School, High
2020	hr.)	School
		Birth-6, Elementary,
September 16,		Middle School, High
2020	Wellness Wednesday: Resiliency Part II (1 hr.)	School
		Birth-6, Elementary,
September 9,	Malla a a Mada a de u Daeilian au Bart I	Middle School, High
2020	Wellness Wednesday: Resiliency Part I	School
G 4 1 0	DC SEED Workshop: Child Developmental	Birth-6 years old
September 9,	Concerns in the Early Years	
2020	DC CEED Western The Elect CW stee Dest	Diat. 6 1.1
September 9,	DC SEED Workshop: The First 6 Weeks Post- Partum	Birth-6 years old
2020	1 arculli	
2020	DC SEED Workhops: Post-Partum Mental Health	Birth-6 years old
September 9,	Disorders	Diffui-0 years old
2020	210014010	
September 8,	When I Am - A bilingual storybook	Birth-6 years old
2020		
September 8,	What's That Room For - A Storybook	Birth-6 years old
2020		J
September 8,	Tucker Turtle - A Storybook	Birth-6 years old
2020		
September 8,	The Way I Feel - A Storybook	Birth-6 years old
2020		_
	The Rainbow Fish - A Storybook (English and	Birth-6 years old
September 8,	Spanish)	
2020		

September 8,	The Color Monster - A Storybook	Birth-6 &
2020		Elementary
September 8,	Pete the Cat- A Storybook	Birth-6 &
2020		Elementary
September 8,	Los Animales Susurran - A Storybook	Birth-6 &
2020		Elementary
September 8,	Jazz Baby - A Storybook	Birth-6 &
2020		Elementary
September 8, 2020	The Invisible String - A Storybook	Elementary
September 8, 2020	Abuela - A Storybook	Elementary
		Birth-6, Elementary,
September 2,		Middle School, High
2020	Wellness Wednesday: Self Care	School
	Coping Skills: Ball Throw and Count!	Elementary/Middle
May 22, 2020		School
May 22, 2020	Coping Skills: Five Senses Check In!	Elementary/Middle
		School
May 22, 2020	Coping Skills: Breathing Exercise!	Elementary/Middle
		School
May 22, 2020	Coping Skills: Bubble Popping!	Elementary/Middle
		School
May 22, 2020	Screen Brain Breaks!	Elementary/Middle
		School
May 22, 2020	Coping with Change	Elementary/Middle
		School
May 22, 2020	Stressful Events and Children	Elementary/Middle
		School
May 22, 2020	Mindful Coping Strategies	Elementary/Middle
		School/High school
May 22, 2020	Managing Anxiety and Worries	Elementary/Middle
		School
May 22, 2020	Showing Kindness to Others	Elementary/Middle
		School
May 22, 2020	Mental Health Awareness	Elementary/Middle
		School/High school

Wednesday,		Birth-6,
October 14, 2020	Wellness Wednesday: Knowledge Part II (1 hr.)	Elementary,

		Middle School,
		High School
		Birth-6,
		Elementary,
Wednesday,		Middle School,
October 21, 2020	Wellness Wednesday: Support Part I (59 mins)	High School